



Business
PriorityOne
A Fresh Approach



Helping Organisations and Individuals get through life more easily

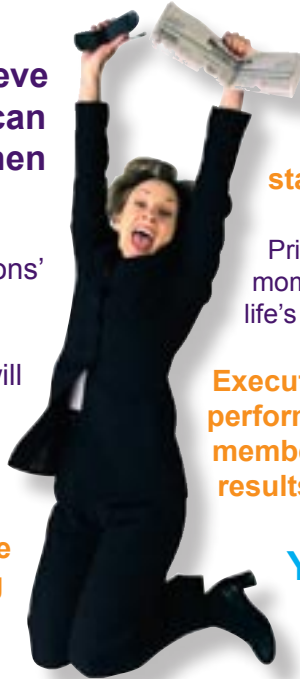
At PriorityOne, we believe organisations and people can achieve great things when helped to find the way.

Our renowned 'Optimal Performance Aspirations' models suit Executives individuals needs.

The Executive 1-to-1 coaching program will help you be better skilled, healthier, gain clarity of mind, and be more in control of life balance.

You worked hard to reach your executive position, you are a role model, leading people, driving customer activity and keeping shareholders happy.

PriorityOne enables you to reach professional and personal goals to live a life of no regrets.



It is a fact executives are faced with the reality of "project managing" their lives with the hardest step ... getting started!

PriorityOne can help you get started; providing the momentum to continue with the solutions to manage life's challenges as they arise.

Executive1-to-1 focuses on supporting you to perform as a leader, as a partner, a family and/or members of the community; achieving greater results in the key areas of any Executives life.

You will

- increase levels of productivity
- improve personal wellness
- define and enhance key relationships
- have time out guilt free and
- achieve professional and personal goals moving towards greater life balance.

Do you find that..?

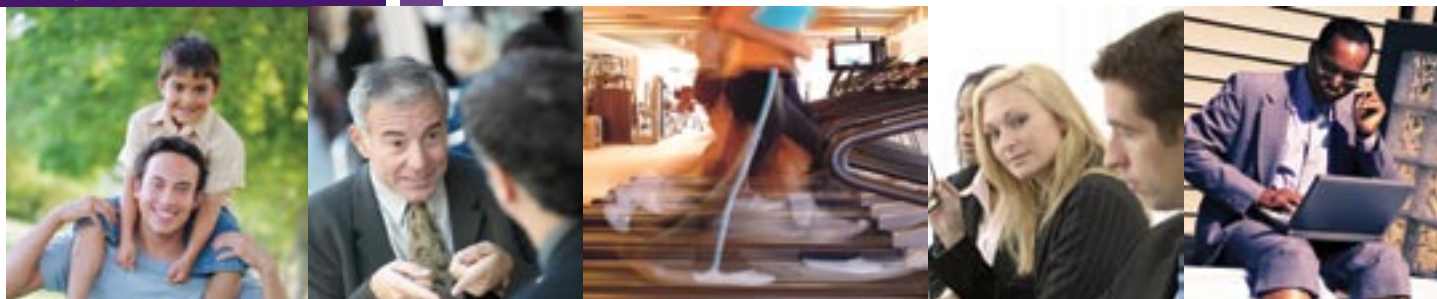
- You have to be 100% focused in a high profile role delivering better results whilst 'managing' maybe being a partner, a parent, friend, son, daughter, community member?
- You want to live a happy life, one of no regrets, and haven't got started?
- It is sometimes difficult to action all your number one priorities?
- You have a need to relax and think only about yourself - guilt free?

PriorityOne has fresh ideas and can show you a clear path to performing as a leader whilst ensuring you have a personal life.

Executive 1-to-1

It is all about **YOU**

PriorityOne believes that every executive has the right to a life!



How does it work?

PriorityOne's unique approach will significantly shift life balance perceptions resulting in sustainable results where you successfully manage all facets of life.

Your PriorityOne coach blends strategic business and relationship coaching skills with life and personal wellness strategies. This gives you choices to stay on your feet and enjoy the results of your work!

We go that step further and support you to manage and organise your professional and personal life. Your daily, weekly, and annual activities, where sometimes it is challenging to prioritise, as they all seem a number one priority.

The personal priorities pushed back becoming a wish list that often get a daydream; and of course, the special occasions where you want to dedicate time to treat those you care about...showing them you have not forgotten!

You can even take care of the domestic chores that can take up valuable time at the weekend, where you could be spending time doing the things you want to be doing, not need to be doing.

The distinctive element is the Sunday coaching line.

PriorityOne's team recognises Sunday afternoon is when we think about getting ready for work. Between 6-8pm, PriorityOne's coaches are available so you can seek guidance for the week ahead.

Why act now?

Start doing more of the things you want to be doing guilt free – compromise is not necessary when we can see clearly.

You need not go elsewhere to find the right support to get you through life easier! You can start feeling better about yourself, be stress and guilt free and effectively impact your work, family, community and your sense of happiness!

We help you work towards mitigating the potential of burn outs not create them!

So how to get started?



Take the hard work out of change and contact us here for a free chat. You are about to connect with people who can help you reach your true potential.



P.S. When considering change where do you fit?

- 100% of us think about doing it
- 50% of us plan, organise and get ready
- 70% of them manage to start and then drift off somewhere...
- 30% of us who start, persevere, get results, and are happier living a much less stressed and more balanced life guilt free



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